



### **Packing List for Overnight Campers**

- Athletic clothing (1-2 pairs/ day)
- Soccer cleats
- Running shoes/indoor soccer shoes
- Shin guards
- Reusable Water bottle
- Sunblock
- Comfortable off-field clothing (pant/shorts, shirts, sweatshirts, 1/day)
- Undergarments (1-2 pairs/ day)
- Pajamas
- Flip flops
- Laundry bag
- Toiletries
- Towel
- Personal items and medication
- Eye mask and ear plugs (optional)
- Washcloth and bath towel
- Bedsheets (twin XL bed)
- Comforter/sleeping bag
- Pillow and pillow case
- Some Extra Cash for late night snacks (\$5 - \$10 dollars is recommended)

### **Packing List for Day Campers**

- Athletic clothing
- Soccer cleats
- Running shoes/indoor soccer shoes
- Shin guards
- Swimsuit
- Towel
- Reusable Water bottle
- Sun block
- Packed lunch and snacks (optional)
- Small gym bag / Backpack