



BEESTERA DAY CAMP SCHEDULE

The Beestera Day Camp schedule blends professional soccer training, competitive games, World Cup tournaments, and THRIVE character development to create a fun, structured, full-day camp experience for players of all levels.

	MORNING		AFTERNOON
9am	Morning Challenge & THRIVE Value of the Day Players are introduced to the day's focus, camp expectations, and a Beestera THRIVE value to set the tone on and off the field.	12pm	Lunch
9:10am	Evaluation Game A fun, game-based activity allows coaches to assess players while reinforcing the daily training theme.	12:40pm	Skill Application & Challenge of the Day Players revisit the morning's theme through engaging challenges that encourage creativity and problem-solving.
9:30am	BST 40: Focused Technical Training An intense, high-quality 40-minute training block where players develop core technical skills through repetition, coaching detail, and purposeful challenge.	1pm	BST 30: Focused Technical Training A second focused training block emphasizing speed of play, execution under pressure, and tactical awareness.
10:10am	Conditioned Game Play Players apply new skills in guided game scenarios that emphasize decision-making and game awareness.	1:30pm	Conditioned Game Play Players apply new skills in guided game scenarios that emphasize decision-making and game awareness.
10:50am	Snack-Break	2pm	Snack-Break
11:05am	Small-Sided World Cup Matches Players compete in fast-paced games that promote teamwork, creativity, and confidence.	2:15pm	Large-Field Scrimmages Expanded games allow players to explore spacing, positioning, and team play in realistic match environments.
12pm	Camp Debrief & Morning Awards Coaches reinforce learning, recognize effort and character, and dismiss half-day campers. Full-day campers transition to lunch.	3pm	Camp Wrap-Up & Dismissal Players reflect on the day, celebrate progress, and finish with a positive, motivating send-off.